



THURSDAY, APRIL 26

- 6:00 p.m.** LIONESS MOVIE
Homestead
- 7:00 - 9:00 p.m.** PRE-REGISTRATION
Homestead
- 7:30 - 9:00 p.m.** NETWORKING/
CONFERENCE RECEPTION
Homestead

FRIDAY, APRIL 27

- 7:00 - 8:45 a.m.** REGISTRATION
Homestead
- 7:00 - 9:00 a.m.** BREAKFAST
Homestead
- 9:00 - 9:30 a.m.** CONFERENCE OPEN
Homestead
Liz Estabrooks, Oregon Women Veterans Coordinator
- POSTING OF THE COLORS
Mountain View Cadet Corps
- NATIONAL ANTHEM
SFC Amber LaPerle, OR Army NG
- WELCOME MESSAGE
Mitch Sparks, Acting Director, ODVA
- CONFERENCE OVERVIEW
Liz Estabrooks, Oregon Women Veterans Coordinator
- 9:30 - 10:00 a.m.** KEYNOTE SPEAKER
Homestead
Betty Moseley Brown, President, Women Marines Association
- 10:00 - 10:15 a.m.** BREAK
- 10:15 - 11:00 a.m.** PANEL: WOMEN OF COLOR RISING ABOVE ADVERSITY IN THE U.S. ARMED FORCES
Homestead
Nakeia Daniels
- 11:00 a.m.** WORKSHOP INTRODUCTIONS
Homestead
Liz Estabrooks, Oregon Women Veterans Coordinator

11:10 a.m. - 12:00 p.m.

Landmark I

Landmark II

Heritage II

Heritage I

Great Hall Courtyard

12:00 - 1:00 p.m.

Homestead

12:15 - 12:25 p.m.

Homestead

12:30 - 12:45 p.m.

Homestead

12:45 - 12:50 p.m.

Homestead

12:50 - 12:55 p.m.

Homestead

1:00 - 2:00 p.m.

Homestead

2:10 p.m. - 3:00 p.m.

Landmark I

Landmark II

WORKSHOPS BLOCK ONE

Work, Family and Personal Life: Finding your Rhythm
Carrie Summers-Nomura

Red Cross: Mind Body Workshops
Sandy Ramirez

Write for Your Self: Learn How to Heal, Empower, and Grow with Paper and Pen
Jessica Lloyd-Rogers

Diversity Panel Workshop
Nakeia Daniels

Mindful Stretch Deep Yoga
Stephanie O'Donnell-Peters
** If inclement weather, yoga will be in Main Lodge: Abbott II*

LUNCH

OREGON WOMAN VETERAN OF THE YEAR AWARD PRESENTATION

SPONSOR MESSAGE
Comcast

MESSAGE FROM SENATOR MERKLEY
Kelly Fitzpatrick

MESSAGE FROM SENATOR WYDEN

PANEL: WOMEN VETERANS PROGRAM MANAGERS
VA Women Veterans Program Managers

WORKSHOPS BLOCK TWO

Getting Your Benefits
Carrie Lucas

Employment: Matching Military KSA with Civilian Jobs
Rosemarie Harding, Shannon Langley, Tonja Pardo

<i>Heritage II</i>	Burn Pits, Dirty Water, Toxins: Presumptives and Benefits Gus Bedwell
<i>Heritage I</i>	Medicare and VA Benefits Jeremy Woodall
<i>Great Hall Courtyard</i>	Mindful Deep Stretch Yoga Stephanie O'Donnell-Peters <i>* If inclement weather, yoga will be in Main Lodge: Abbott II</i>
3:10 p.m. - 4:00 p.m.	WORKSHOPS BLOCK THREE
<i>Landmark I</i>	What You Need to Know About Filing a MST Claim Gus Bedwell
<i>Landmark II</i>	Serving in Silence, a LGBTQ Veteran Perspective Nathaniel Boehme
<i>Heritage II</i>	Professional Development Alice Quisenberry
<i>Heritage I</i>	Military Sexual Assault/DV & Trauma Amanda Juza
<i>Great Hall Courtyard</i>	Mindful Deep Stretch Yoga Stephanie O'Donnell-Peters <i>* If inclement weather, yoga will be in Main Lodge: Abbott II</i>
4:00 - 6:00 p.m.	EVENT NETWORKING & SOCIAL
<i>Great Hall Patio/ Bachelor Lawn</i>	

SATURDAY, APRIL 28

7:00 - 8:30 a.m.	BREAKFAST
<i>Homestead</i>	
8:30 - 8:55 a.m.	ODVA'S WOMEN VETERANS PROGRAM
<i>Homestead</i>	Liz Estabrooks, Oregon Women Veterans Coordinator
8:55 - 9:00 a.m.	MESSAGE FROM CONGRESSMAN WALDEN
<i>Homestead</i>	
9:00 - 9:30 a.m.	KEYNOTE SPEAKER
<i>Homestead</i>	Ret. Major Margaret Witt, Author

9:30 - 10:00 a.m.	NETWORKING & BOOK SIGNING
<i>Great Hall Lobby</i>	
10:10 - 11:00 a.m.	WORKSHOPS BLOCK ONE
<i>Landmark I</i>	Getting Your Benefits Carrie Lucas
<i>Landmark II</i>	Red Cross: Mind Body Workshops Sandy Ramirez
<i>Heritage II</i>	TBI/PTSD Maya E. O'Neil
<i>Heritage I</i>	Military Sexual Assault/DV & Trauma Amanda Juza
<i>Homestead</i>	Mindful Deep Stretch Yoga Stephanie O'Donnell-Peters <i>* If inclement weather, yoga will be in Main Lodge: Abbott II</i>
11:10 a.m. - 12:00 p.m.	WORKSHOPS BLOCK TWO
<i>Landmark I</i>	Prepare to Care Carmel Perez Snyder
<i>Landmark II</i>	Employment: Matching Military KSA with Civilian Jobs Rosemarie Harding, Shannon Langley, Tonja Pardo
<i>Heritage II</i>	TBI/PTSD (Continued) Maya E. O'Neil
<i>Heritage I</i>	Military Sexual Assault/DV & Trauma (Continued) Amanda Juza
<i>Great Hall Courtyard</i>	Mindful Deep Stretch Yoga Stephanie O'Donnell-Peters <i>* If inclement weather, yoga will be in Main Lodge: Abbott II</i>
12:00 - 1:15 p.m.	LUNCH
<i>Homestead</i>	
12:30 - 12:40 p.m.	SPONSOR MESSAGE
<i>Homestead</i>	Oregon Lottery
12:50 - 1:00 p.m.	CLOSING REMARKS
<i>Homestead</i>	
1:15 - 2:30 p.m.	CAUCUS & NETWORKING GROUPS
<i>Homestead</i>	